

**GOVERNMENT OF WEST BENGAL
DISTRICT HEALTH & FAMILY WELFARE SAMITI
OFFICE OF THE CHIEF MEDICAL OFFICER OF HEALTH, NORTH 24
PARGANAS, BARASAT**

Memo no. DH&FWS/2011/794

Dt. 31st October 2011

Applications are invited from eligible candidates for the post of (i) Lady Medical Officer & (ii) Lady Counselor of Adolescent Health Clinic attached to District Hospital, Barasat, North 24 Parganas on a purely contractual basis under the RCH-II Program.

The last date for submission of application to the Superintendent, District Hospital, Barasat, North 24 Parganas is 16th December 2011.

Encl: The copy of Criteria & Eligibility.

Sd/-

**Secretary, District Health & Family Welfare Samiti
& Chief Medical Officer of Health, North 24 Parganas
Barasat**

Adolescent Health Clinics At District Level:

Adolescent Health Clinic has been proposed to target the population in the age group of 10 to 19 years.

The clinic will remain open 5 days a week from Monday to Friday. On Saturdays counseling services related to maternal and child health especially to married adolescent is to be provided at the PP units within the hospital.

Services to be provided at the Adolescent Health Clinics:

The district level clinic will be responsible for providing preventive, promotive and curative services related to RTI/STD and other adolescent problems.

Promotive Services:

- Information /advice on sexual and reproductive issues.
- Counseling for adolescent specific psycho-Social issues. This should also include:
 - Psychological and physical problems due to hormonal changes during this phase along with environmental problems.
 - Counseling on issues like delayed pregnancy, importance of family planning and other psycho-social issues.

Preventive Services:

- Services for prophylaxis against Nutritional anemia.
- Taking appropriate steps for services for early and safe termination of pregnancy and management of post operative complications.
- Counseling for safe sex and problem of early marriage and early pregnancy.

Curative Services:

- Treatment for common ailments and problems.
- Treatment for menstrual and gynecological problems.

Referral Services:

- Referral to other Departments for treatment of specific illness.
- Referral to voluntary counseling and testing centre if need arises.

Manpower for Adolescent Health Clinics at district level :

- One Lady Medical Officer – A lady Medical Officer on contract is to be appointed in these clinics. In case of non availability of Lady Medical Officers others may be considered. She/he should have thorough knowledge in Gynecology and Endocrinology and preference should be given to those who have Diploma in Gynecology and obstetrics. The monthly consolidated remuneration will be as per NRHM rule. The District Health and Family Welfare Samity will be the sole decision making body for such appointments.
- One lady Counselor for providing counseling services at the clinics.

Selection process and eligibility of counselors at district level:

Eligibility:

- Adolescent Health Clinics at district hospitals will have one lady counselor each.
- Qualification of the counselor:- M.A in Sociology/Psychology/MSC in Human Development/MSW.
- Essential: knowledge in computers.
- Age limit to be within 25-40 years.
- The salary of district level counselor will be as per NRHM rules.
- This will be a contractual appointment for one year and renewable on based on performance.
- The candidate should compulsorily be resident of the same district for which she is applying.
- Engagement letter is to issued by the District Health & Family Welfare Samity with an intimation to the State.

Role of Counselor in Adolescent Clinic:

- Orienting and Counseling on hygiene for both men , Women and adolescents
- Counseling sessions with adolescents should focus on delayed marriage delayed pregnancy, importance of family planning and other psycho-social issues.
- Providing health and nutrition education to the adolescents on regular intervals.
- Facilitating referral of cases to District Hospitals.
- Organizing counseling session for adolescents especially married ones and counsel on child care practices and family planning methods to delay pregnancy.

Training:

Training to all the selected lady counselors and the lady MOs engaged in the Adolescent Health Clinic will be provided at the state level in batches.